

Beach Yoga

with Kendra



When: Sundays, August 16th, 23rd, 30th and September 6th

Where: Wee Wah Beach Club

Time: 9:30am

Cost: \$10 per session, payable on the day of class

Questions: Please call Bonny Takeuchi at

(845) 351-5232

Relax and enjoy classes in a quiet and private outdoor setting with yoga instructor Kendra Saari-Poznanski CYT, RYT. The sessions will be geared to all levels of practice. Please bring a mask, your own yoga mat and water. Masks may be removed once proper spacing of mats has been established. Social distancing will be observed.

Non-member Village residents are invited to participate. Children 18 and under must be accompanied by an adult. All WWBC rules and regulations will apply during class.